

### BREASTFEEDING HELP

Health Departments: Barton County: 620-793-1909 Certified Breastfeeding Specialists offering telephone or one-on-one breastfeeding help. 1300 Kansas Ave, Great Bend. Hours: Mondays 9 am to 5 pm, Tues-Thurs 8am to 5p m, Fri 8 am to 11 am.

**Pawnee County** : 620-285-6963 or 1-800-211-4401

offering telephone or walk-in breastfeeding help Mon-Thur 8 am to 11:30 am and 1 pm to 5pm 715 Broadway, Larned. 1st floor of Courthouse

Rice County: 620-257-2171

**Stafford County**: 620-549-3504 Breastfeeding educators available. Walk-in help available during open office hours.

**Ellsworth County**: 785-472-4488 Breastfeeding Educator and Healthy Start Home Visitor offering telephone or walk-in help M-F 8 to 12 and 1-5. 1603 Aylward Avenue, Ellsworth.

Hospitals: Great Bend: 620-791-6812 or 620-792-8833 nights and weekend help Hoisington: 620-653-2386 Rice County Hospital: 620-257-5173

Pratt & Wichita: Beautiful Bond Breastfeeding Services Julie Fields, IBCLC <u>https://beautifulbond.com/</u> Fee for service; See website for insurance eligibility.

# BREASTFEEDING CLASSES AND SUPPORT GROUPS

### Classes:

Barton County Health Dept: 9am 1st Tuesday of month 2pm 4th Wednesday of month

Pawnee County Health Dept: Call for class schedule 620-285-6963 or 1-800-211-4401

Rice County Health Dept: Call for class schedule 620-257-2171

Stafford County Health Dept: Call for class schedule 620-549-3504

Ellsworth County Health Dept: Call for class schedule 785-472-4488

#### Support Groups:

Barton County Health Dept "Feeding Our Future" 2nd Wednesday of each month @ 4:00 pm

Pawnee Co Support Group: Call for schedule 620-285-6963

## WEBSITES

## **BREASTFEEDING SUPPLIES**

# SOCIAL MEDIA

## La Leche League:

www.llli.org www.kansaslll.org

High 5 for Mom & Baby www.kansashigh5.org

Kansas Breastfeeding Coalition, Inc. www.ksbreastfeeding.org

Business Case for Breastfeeding www.kansasbusinesscase.com

Kansas WIC Program www.kansaswic.org

#### Other breastfeeding websites:

www.4womenshealth.gov/breastfeeding www.drjacknewman.com www.normalfed.com www.breastfeedingmadesimple.com www.biologicanurturing.com www.kellymom.com www.usbreastfeeding.org www.bestforbabes.org/ www.bestforbabes.org/ www.nal.usda.gov/wicworks www.cdc.gov/breastfeeding/ www.who.int/topics/breastfeeding Larned: Pawnee Co Health Dept 715 Broadway, Larned 620-285-6963 800-211-4401

 Great Bend:

 Barton Co Health Dept

 1300 Kansas Ave
 620-793-1902

 620-793-1909

Birthright Lactation Cupboard 1420 Wilson 620-792-3316

Hays: Hays Medical Center

Ask for OB dept.

800-248-0073

### Facebook

"Central Kansas Breastfeeding Coalition"

"Barton County Health Department"

"Stafford County Health Dept"

"Rice County Health Dept"

"Ellsworth County Health Dept"

"Pawnee County Health Department"

### CENTRAL KANSAS BREASTFEEDING COALITION

**Mission:** To educate the community about breastfeeding, to support breastfeeding in Central Kansas, and to create a breastfeeding friendly environment.

**Vision:** Healthy Breastfeeding Communities University of Kansas Health System Great Bend Campus 514 Cleveland St. Great Bend, KS 67530 620-792-8833

**Clara Barton Medical Center** 250 W 9th St. Hoisington, KS 67544 620-653-2386

Barton County Health Dept 1300 Kansas Ave. Great Bend, KS 67530 620-793-1902

**Pawnee County Health Dept** 715 Broadway Larned, KS 67550 620-285-6963 or 1-800-211-4401

**Rice County Health Dept** 1432 West Commercial Avenue Lyons, KS 67554 620-257-2171

Stafford County Health Dept 610 E 1st St John, KS 67576 620-549-3504

Ellsworth County Health Dept 1603 Aylward Avenue Ellsworth, KS 785-472-4488

